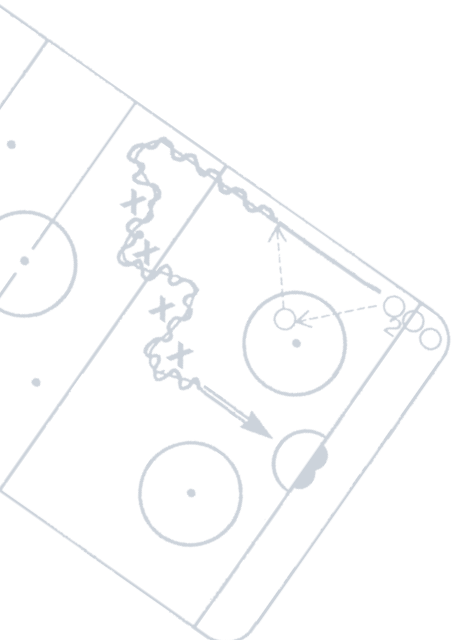


INTERNATIONAL ICE HOCKEY FEDERATION



# COACH DEVELOPMENT PROGRAM

Level I  
COACH MANUAL



**FAIR PLAY**   
**AND RESPECT**

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IIHF Coaching Committee

IIHF Medical Committee

IIHF Legal Committee

IIHF Instructors

National Association Instructors

IIHF Coach Development Program Manual Work Group

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# INTRODUCTION

Welcome to the IIHF Coach Development Program Level 1 Coach Manual. This is the first of four levels of coaching education that will be offered by the IIHF.

The objectives of the IIHF Coach Development Program are:

- To cooperate with National Associations in a “Partnership for Progress” to educate the coaches within their country.
- To provide coaches from around the world with the most current coaching information and technology.
- To take a pro-active role to solve the coaching challenges in modern day hockey.
- To encourage coaches to provide a positive, fun and healthy atmosphere for the growth and development of hockey players.

For Level I and II there are coach manuals which the coaches can use as a reference guide to help them in their development and education. Level III and IV progress from the first two levels and they will be taught in a seminar lecture format with tasks or take-home assignments. The information that is offered in Level III and IV will further refine in a progressive manner the information from Level I and II and will introduce new material that is necessary for top level coaches to improve their coaching skills and knowledge.

IIHF National Associations are encouraged to use the IIHF Coach Development Program resource materials, either as a supplement to existing programs which exist in their country, or as their core program to educate their coaches.

The IIHF Coach Development Program is designed to be used by all IIHF National Associations in a “Partnership for Progress” to make hockey a positive experience for boys and girls, and men and women around the world.



# **FORMAT OF THE MANUAL**

The IIHF Coach Development Program Level I Coach Manual is divided into ten subject areas that include the following major coaching areas of emphasis:

- Leadership
- Teaching/Learning
- Organization and Planning
- Communication
- Physiology
- Psychology
- Technical
- Tactical
- Safety and Risk Management
- Rules and Regulations

These ten subject areas are further divided into 25 topic areas that will enhance the dedicated coach's knowledge and expertise in the many exciting facets of coaching.





# TABLE OF CONTENTS

## LEVEL I

### LEADERSHIP

<b>1. Structure of the IIHF and the IIHF Sport Development Program ....</b>	<b>1.1</b>
1.1 Structure of the IIHF .....	1.1
1.2 IIHF Sport Development Program .....	1.8
1.3 IIHF Classifications of Competition .....	1.18
1.4 IIHF Coach Development Program .....	1.22
<b>2. Role of the Coach .....</b>	<b>2.1</b>
2.1 The Coach as a Leader .....	2.2
2.2 The Coach as a Teacher .....	2.4
2.3 The Coach as an Organizer .....	2.5

### TEACHING/LEARNING

<b>3. Teaching Techniques .....</b>	<b>3.1</b>
3.1 Factors that Influence Learning .....	3.1
3.2 Coaching as Teaching .....	3.2
<b>4. Skill Analysis .....</b>	<b>4.1</b>
4.1 Skill Analysis: What Is It?.....	4.1
4.2 Principle #1: Use All The Joints That Can Be Used .....	4.2
4.3 Principle #2: Use Every Joint In Order .....	4.3
4.4 Correction Methods .....	4.6
<b>5. Developing Hockey Sense - To Be Developed .....</b>	<b>5.1</b>

### ORGANIZATION AND PLANNING

<b>6. Practice Organization .....</b>	<b>6.1</b>
6.1 Set Overall Goals .....	6.2
6.2 Set Specific Goals .....	6.2
6.3 Principles of Effective Practices.....	6.3
6.4 Psycho-Social and Bio-Physical Aspects.....	6.6
6.5 Design the Practice .....	6.7

<b>7. Yearly Planning</b>	<b>7.1</b>
7.1 Pre-Season Meetings	7.1
7.2 Maintain Communication and Motivation	7.2
7.3 Design the Master Plan	7.3
7.4 Season Evaluation	7.17

<b>8. Female Hockey - To Be Developed</b>	<b>8.1</b>
---	------------

## COMMUNICATION

<b>9. Communication Principles</b>	<b>9.1</b>
9.1 Principles of Effective Communication	9.1
9.2 Non-Verbal Communication	9.2
9.3 Effective Use of Voice and Body	9.4
9.4 Listening Techniques	9.6

<b>10. Communication in the Hockey Environment</b>	<b>10.1</b>
10.1 Communicate with Parents	10.1
10.2 Communicate with On-Ice Officials	10.6
10.3 Communicate with Support Staff	10.7
10.4 Communicate with Administrators	10.9

## PHYSIOLOGY

<b>11. Growth and Development</b>	<b>11.1</b>
11.1 Areas of Development	11.1
11.2 Differences in Development	11.3
11.3 Stages of Growth and Development	11.5

<b>12. Physical Preparation</b>	<b>12.1</b>
12.1 How the Body Works	12.1
12.2 The Muscular System	12.2
12.3 The Cardiovascular System	12.4
12.4 The Energy System	12.6
12.5 Support Systems	12.9
12.6 Age Considerations for Off-Ice Training	12.10

<b>13. Developing Fitness</b>	<b>13.1</b>
13.1 Relationships Between Fitness Components and Age Differences	13.1
13.2 Developing the ABC's, Agility, Balance and Coordination	13.2
13.3 Developing Endurance and Recovery	13.3
13.4 Developing Strength	13.4
13.5 Developing Power	13.6
13.6 Using Warm-Up, Cool Down and Stretching Prior To and Following Games and Practices	13.8

## PSYCHOLOGY

<b>14. Building Self-Esteem</b> .....	<b>14.1</b>
14.1 Social Acceptance .....	14.1
14.2 Social Reinforcement .....	14.2
14.3 Social Comparison .....	14.4

## TECHNICAL

<b>15. Goalkeeping</b> .....	<b>15.1</b>
15.1 Basic Stance .....	15.1
15.2 Skating Skills .....	15.3
15.3 Positioning .....	15.6
15.4 Puck Stopping Skills .....	15.11
15.5 Stick Selection .....	15.25
15.6 Stick Skills and Puck Handling .....	15.26
15.7 Age Categories in Developing Skills of the Goalkeeper .....	15.31
15.8 Off-Ice Balance and Coordination Drills for Young Goalkeepers .....	15.32

## 16. SKATING SKILLS .....

**16.1**

16.1 Basic Stance .....	16.1
16.2 Skate Edges .....	16.2
16.3 Forward Skating .....	16.4
16.4 Backward Skating .....	16.12
16.5 Learning Skating Skills by Playing Games (to be developed) .....	16.18

## 17. PUCK CONTROL SKILLS .....

**17.1**

17.1 The Stick .....	17.1
17.2 Dribbling .....	17.2
17.3 Dekes .....	17.4
17.4 Shooting .....	17.5
17.5 Passing .....	17.15
17.6 Pass Receiving .....	17.19

## 18. Checking Skills .....

**18.1**

18.1 Skating Skills and Their Relationship with Checking .....	18.1
18.2 Checking Without Making Contact .....	18.1
18.3 Stick Checking .....	18.4
18.4 Protection in Body Checking .....	18.9
18.5 Body Checks .....	18.9

## TACTICAL

## 19. Individual Offensive Tactics .....

**19.1**

19.1 Individual Offensive Tactics .....	19.1
---	------

**20. Offensive Team Tactics and Principles ..... 20.1**

- 20.1 Offensive Principles ..... 20.2
- 20.2 Offensive Team Tactics ..... 20.4

**21. Drills ..... 21.1**

- 21.1 International Symbols ..... 21.1
- 21.2 Skating Drills ..... 21.2
- 21.3 Dribbling and Passing ..... 21.8
- 21.4 Checking Drills ..... 21.16
- 21.5 Goalkeeping Drills ..... 21.26
- 21.6 Competitive Evaluation Drills ..... 21.36
- 21.7 Developing Hockey Sense Drills (to be developed)

**SAFETY AND RISK MANAGEMENT**

**22. Safety ..... 22.1**

- 22.1 General Guidelines in Developing an Injury Prevention Program ..... 22.1
- 22.2 Emergency Planning ..... 22.2
- 22.3 Physical Assessment and Medical History ..... 22.2
- 22.4 Safety in the Practice ..... 22.5
- 22.5 Proper Fitting, Quality, and Maintenance of Equipment ..... 22.6

**23. Harassment and Abuse - To Be Developed ..... 23.1**

**RULES AND REGULATIONS**

**24. Rules ..... 24.1**

- 24.1 Offside ..... 24.2
- 24.2 Icing the Puck ..... 24.4
- 24.3 Rule Examination ..... 24.5

**25. Rule Communiques ..... 25.1**

- 25.1 Rules Emphasis ..... 25.1
- 25.2 Rule Interpretation Bulletins ..... 25.3
- 25.3 Procedure Bulletins ..... 25.4